

*Join the Webinar Based Orientation Course
in*

Adolescent Mental Health & Wellbeing

Building Effective Master Trainers for Adolescent Wellbeing



**6 MODULES IN 6 WEBINARS (ALTERNATE DAY)
4 P.M. TO 5:30 P.M.**

THE TRAINING PROGRAM BEGINS ON **SEPT 2024
KINDLY JOIN VIA ZOOM PLATFORM**

organized by

Expressions India

The National Life Skills, Community & School Wellness Program

in technical support with

**The Instt Of Mental Health and Life Skills Promotion
Moolchand Medcity
&
AISUCAP**



WEBINARS BASED ORIENTATION COURSE!

Modular Themes of the Course

Module 1 - The Charm and Challenges - Emerging Concerns of Adolescents.

Module 2 - Family Bonding- Building a Climate of an Effective Relationship with Parents.

Module 3 - Prevention of High Risk and Allied Behaviours - Substance Use and Related Concerns.

Module 4 - Adolescents Life Skills Education Paradigm for Peer Educators Leadership in School.

Module 5 - Making Effective Career Choices .

Module 6 - Helping Adolescents to navigate to Cyberworld - during COVID 19 & Beyond.

Participating Delegates:

Principals, School Teachers, Counselors, Special Educators, Psychology Students, School Doctors, Nurses & Parents

For registration :

Email to us - inclusion.expressionsindia@gmail.com

Contact us at 9999564366, 9999660117, 9873230946

Website: www.expressionsindia.org

E- Certificate (Citation of Honour) & Academic Handouts shall be accorded to all Participants!