

*Join the Webinar Based Orientation Course  
in*

# **School Mental Health & Wellbeing of Children and Adolescents**

*Building 21st Century Life Skills and Mindfulness*



**5 MODULES IN 5 WEBINARS (ALTERNATE DAY)  
3 P.M. TO 4:30 P.M.**

**THE TRAINING PROGRAM BEGINS ON **AUG 2024**  
KINDLY JOIN VIA ZOOM PLATFORM**

organized by

***Expressions India***

*The National Life Skills, Community & School Wellness Program*

in technical support with

**The Instt Of Mental Health and Life Skills Promotion  
Moolchand Medcity**

**&**

**AISUCAP**





## **WEBINARS BASED ORIENTATION COURSE!**

### *Modular Themes of the Course*

**Module 1** - Orientation to common emotional and behavioural Problems- Early Recognition and Intervention

**Module 2** - Facilitating Adolescent Life Skills Leadership and Empowerment

**Module 3** - Creating the Climate for Inclusion - Promoting Joyful & Blended learning

**Module 4** - Emerging Role of Teachers as First-Aid Counselors

**Module 5** - New Age Parenting - The Charm and Challenges in times of COVID-19 and Beyond

### ***Participating Delegates:***

*Principals, School Teachers, Counselors, Special Educators, School Doctors, Nurses and Parents*

### ***For registration :***

**Email to us** - [inclusion.expressionsindia@gmail.com](mailto:inclusion.expressionsindia@gmail.com)

**Contact us at** 9999564366, 9999660117, 9310086792

**Website:** [www.expressionsindia.org](http://www.expressionsindia.org)

***E- Certificate (Citation of Honour) & Academic Handouts shall be accorded to all Participants!***