



# MANODARPAN

*An Initiative of Ministry of Education  
for  
Psychosocial Support and Mental Well-being of Students*

## Understanding & Promoting Psychosocial Support for Emotional and Behavioural Emergencies in Schools



(A Six Modular Orientation Program)  
For Teachers, Counselors & Allied Stakeholders

Jan - Feb 2023  
4:30pm to 6:00 pm

Session 1:

### **Aggression & Bullying**

*Helping Strategies for Identification and Prevention*

Session 2:

### **Self-harm and Suicidal Behaviour**

*Identifying Risks and Maximizing Protective Factors*

Session 3:

### **Problematic Internet Use and Allied Cyber Issues**

*Promoting Responsible and Healthy Cyber Habits*

Session 4:

### **Socio-legal Interventions for Special Circumstances**

*Building the Ability to Handle Challenges*

Session 5:

### **Establishing Linkages, FAQs & Road Ahead for Schools**