

"Let Your Body Do the Talking"

Dance Movement Therapy - Certificate Course

organized by

Expressions India

Time: 9.00 am to 1.00 pm

**Venue: Auditorium , Moolchand Medcity,
Lajpat Nagar, New Delhi - 24**

Registration Open for :

**Teachers, Counselors, Doctors, Nursing
Professionals, Corporate Trainers etc**

KEY POINTS

- ☞ Let Your Body Do The Talking
- ☞ Dance & Psyche
- ☞ Therapeutic Effects of Dance
- ☞ Relaxation & Grounding Exercises
- ☞ Mindful Walking
- ☞ Knowing your Energy Points & the New 'YOU'

Note:

- For effective DMT Participation kindly wear loose and comfortable clothing