



Expressions India

The National Life Skills, Values
Education & School Wellness Program



*cordially invites you to the
Hands On Intensive Training Workshop on*

INNOVATIVE APPROACHES IN THE TREATMENT OF MENTAL HEALTH DIFFICULTIES IN ADOLESCENTS AND ADULTS

24th Dec 2016, 9:00am – 1:30pm (Registration is 8:30am onwards)

Key Sessions

- ➔ **Solution focused Brief Counseling Approaches (SFBC)**
- ➔ **School based Behavioral Therapy for Adolescents**
- ➔ **Commonly Practiced Rational Emotive Techniques (RET)**
- ➔ **Marital and Psycho Sexual Therapy : Contemporary Trends**



**Venue: Auditorium, Moolchand Medcity,
Lajpat Nagar, New Delhi**

PLEASE NOTE:-

- ➔ **Registration: 800/- for Teachers, Counselors & Practitioners & Rs. 500/- for UG & PG students.**
- ➔ *Registration includes basic stationery, handouts & the participation course certificate. Payment can be made on the spot by Cash or Cheque/ DD in favor of 'Expressions India'.*
- ➔ *Kindly email the duly filled registration form latest by 22nd Dec 2016 on - contactexpressions.india@gmail.com*
- ➔ *For any clarification you may please contact us at 011-64700117.*