

# Teacher's Training Program at Jauri Village on 7th December, 2017

The Workshop was held at Government High School at Jauri Village. The village has an approximate population of \_\_\_\_\_ and **Sarpanch (Mr. ) and the Principal (Mrs. )** of the school felicitated the counselors organize the workshop. It was attended by 4 teachers of Govt. High School.

## Sessions were interactive and the topics discussed were-

1. Understanding the importance of Classroom Management was focused on in the interactive session.
2. Providing a non judgmental environment and interaction can aid identification of problematic behavior of children.
3. Relationship issues amongst adolescence must be dealt sensitively were emphasized.
4. Ways to identify developmental disorders and learning disabilities
5. Importance of the role of family-school partnership in the psychosocial development of children and understanding peer influence.
6. Assisting and helping students to manage anger and overcome frustration.
7. The importance of teacher's role as a Counselor and facilitator.
8. Teachers were informed about various psychological and mental issues students face in school.
9. Specific Learning difficulties related to learning, reading and writing and its identification in students.



## Methodology used-

1. Audio visual presentation.
2. Brain storming sessions
3. Group Discussions.

## **Learning outcomes and the road ahead-**

1. A brief was provided on how on the basis of certain expressed behaviors by children an early identification could be done of the problem by the teachers.
2. Psycho-social education of parents was emphasized on since issues of child marriage are still prevalent and girl child drop out happens due to this reason.
4. Substance abuse counseling was suggested to be an integral part of training since age of substance abuse seems to be decreasing.
5. Clinical assessment and follow up can lead to a successful diagnosis and intervention.
6. Child's and the care givers psychosocial and emotional wellbeing both are important for better, progressive and enhanced facilitation of children in today's era.
7. The importance of recognizing specific learning disabilities such dyslexia, dyscalculia and dysgraphia and their management.
8. The knowledge of understanding the special children and their needs in terms of psychological and educational support.

# **Student Training Program at Jauri Village on 7th December, 2017**

The workshop was held at Government Middle School. The school principal helped to organize the workshop. It was attended by 50 students of age group 13-17 years of age of classes 6th to 8th.

## **Method/ tool used:**

1. Role plays and video discussion
2. Focus Group Discussions
3. Individual activity

## **Class interactive discussion topics were as follows:**

1. Common issues of adolescents
  2. Physical and behavioral development of adolescents
  3. Changes occurs in adolescence age
  4. Causes of changes in adolescent's age (menstrual cycle and other hormones secretion)
  5. Mood fluctuation in adolescent age
  6. How to control irritability at adolescent age.
  7. Peer pressure
  8. Substance use and misuse
  9. Basic hygiene and cleanliness in daily lifestyle
- Chart and poster making activity on adolescent's issues.  
Role plays on topics which were the part of our discussion.

## **Topic discussed and learning outcomes:**

- Interactive discussion was held with the students and information were taken out on adolescents about which they already aware. Additional required and relevant information according to their age was also given to them.
- Physical and behavioral changes in the age of adolescence were also introduced to the students and how to control irritability and negative emotions was also discussed. The objective was to make them comfortable about those changes and help them to deal with them effectively.
- Menstrual cycle was explained among girls and basic hygiene that is required was also introduced. Awareness was created among them regarding uses of sanitary pads and its benefits
- Basic hygiene and cleanliness maintenance was also discussed. Importance of using sanitary pads and harmful effects of using cloth was also discussed.
- Peer pressure was introduced and how it is sometimes plays harmful role in a teenage life was also explained. The concept of bullying was also introduced among them that they normally perform in their daily life many times under the pressure of peer.
- Awareness about harmful effects of substance abuse was also introduced among students and how the peer pressure and external environment plays role in getting addicted was also discussed.

## Health and Hygiene Report – Jauri Village on 7th December, 2017

The workshop was held at primary school. The principal helped in organizing the workshop. There was an approximate of 40 students from classes 1st to 5th between the age range of 6 years to 10 years. Students were educated about the meaning of hygiene and well being. They were given tips to maintenance of oral hygiene, hair hygiene, ear hygiene, water hygiene, food hygiene and sleep hygiene.

The importance of washing hands before and after eating using soaps and sanitizers, clean towels and sleeping on clean bed sheets were elaborated on. They were educated about taking care of their well being such their eyes, teeth, taking shower regularly, cutting nails of both hands and feet and wearing clean clothes. They were engaged in various group activities to facilitate the learning. Information about the causes of diseases like malaria, dengue and chickungunea were given and students were told about the importance of changing water in the coolers, pots, coconut shell etc. They were engaged in various group activities to facilitate the learning.

