

## Student Health and Hygiene Report – Kharoda Village ( Government Primary School), 16<sup>th</sup> November,2017

There were an approximate population of 50 students from classes 1<sup>st</sup> to 5<sup>th</sup>sd between 7 years to 10 years. Students were educated about the meaning of cleanliness and hygiene and how it is supposed to be maintained personally and environmentally. They were given tips given on the maintenance of oral hygiene, hair hygiene, sleep hygiene, food hygiene and water hygiene. Information about the cause of diseases like malaria, dengue, chickenpox, chickengunea, diarrhea and dysentery were given and students were told about the importance of changing water in coolers , fridges and water tanks regularly. Significance of washing hands on an hourly basis, using soaps and sanitisers, clean towels and sleeping on clean bedsheets were elaborated on. Information was also given for emphasizing more on eating home food rather than eating outside oily food.

