

Teacher's Training Program at Nayagaon Village on 14th November , 2017

The Workshop was held at Government Middle School at Nayagaon Village. The village has an approximate population of . Sarpanch (Mr.) and the Principal (Mrs.) of the school helped organize the workshop. It was attended by 6 teachers of Govt. Middle School.

Sessions were interactive and the topics discussed were-

1. Helping teachers to understand the importance of Classroom Management
2. How expresses behaviors of children can aid identification of problematic behavior
3. Role of teachers as a Counselor and facilitator.
4. Help identify the learning difficulties faced by students which are neurological in nature.
5. Identification of developmental disorders and learning disabilities.
6. Developing a better understanding of peer influence and the role of family-school partnership in the psychosocial development of children.



Methodology used-

1. Audio visual presentation.
2. Brain storming on cultural norms.
3. Group Discussions.

Learning outcomes and the road ahead-

1. Teacher's were apprised and briefed on how on the basis of certain expressed behaviors by children an early identification could be done of the problem.
2. Focus also needs to come on psycho-social education of parents and among teachers.
3. Identification and differentiation of different types Ld such as dyslexia, dyscalculia and dysgraphia.
3. Better classroom management of LD students and inclusion of same in education.
5. Interventions through clinical assessment and follow up can lead to a successful diagnosis.

Adolescent education training program at govt. school Nayagaon Village on 14th Nov. 2017

The workshop was held at govt. middle school and it was attended by 48 students (29 girls and 19 boys) of age group 11-15 years of classes 6th to 8th std.

Method/ tool used:

1. Role play
2. Group Discussions

Class interactive discussion on

- Common issues of adolescents
- Physical and behavioral development of adolescents
- Changes occurs in adolescence age
- Causes of changes in adolescent's age (menstrual cycle and other hormones secretion)
- Mood fluctuation in adolescent age
- How to control irritability at adolescent age.
- Peer pressure
- Substance abuse
- Basic hygiene and cleanliness in daily lifestyle

Chart and poster making activity on adolescent's issues.

Role plays on topics which were the part of our discussion.



Topic discussed and learning outcomes:

Interactive discussion was held with the students and information were taken out on adolescents about which they already aware. Additional required and relevant information according to their age was also given to them.

- Physical and behavioral changes in the age of adolescence were also introduced to the students and how to control irritability and negative emotions was also discussed. The objective was to make them comfortable about those changes and help them to deal with them effectively.
- Menstrual cycle was explained among girls and basic hygiene that is required was also introduced. Awareness was created among them regarding uses of sanitary pads and its benefits
- Basic hygiene and cleanliness maintenance was also discussed. Importance of using sanitary pads and harmful effects of using cloth was also discussed.
- Peer pressure was introduced and how it is sometimes plays harmful role in a teenage life was also explained. The concept of bullying was also introduced among them that they normally perform in their daily life many times under the pressure of peer.
- Awareness about harmful effects of substance abuse was also introduced among students and how the peer pressure and external environment plays role in getting addicted was also discussed.

Primary section workshop:

It was attended by 50 students from I to V std.

Topic discussed and learning outcomes:

- How to maintain basic hygiene
- Importance of brushing regularly
- Importance of taking bath regularly
- Cleaning of nails
- Protection from germs
- Protection from communicable disease
- All the above topics were discussed and explained by using daily life examples and doing role plays.