

Teacher's Training Program at Mohammaspur Gujjar Village on 13th November, 2017

The Workshop was held at Government Middle School at Mohammaspur Gujjar Village. The village has an approximate population of . Sarpanch (Mr.) and the Principal (Mrs.) of the school helped organize the workshop. It was attended by 5 teachers of Govt. High School.

Sessions were interactive and the topics discussed were-

- 1.How expresses behaviors of children can aid identification of problematic behavior
2. Dealing sensitively with relationship issues amongst adolescence.
- 3.Helping teachers to understand the importance of Classroom Management
4. Identification of developmental disorders and learning disabilities
5. Developing a better understanding of peer influence and the role of family-school partnership in the psychosocial development of children.
6. Helping and assisting students to manage anger and overcome frustration.
7. Providing information about various learning disabilities and their causes.
8. Helping teachers identify various learning difficulties like dyslexia, dyscalculia, and dysgraphia.

Methodology used-

1. Brain storming on cultural norms and gender issues.
2. Group Discussions on learning difficulties.
3. Audio visual presentations.

Learning outcomes and the road ahead-

1. Detailed Information was provided regarding how on the basis of certain expressed behaviors by children an early identification could be done.
2. The importance of psycho-social education of parents were emphasized on; since issues of child marriage are still prevalent and girl child drop out happens frequently.
4. Interventions through clinical assessment and follow up can lead to a successful diagnosis.
5. Psychosocial and emotional wellbeing of the care givers along with the child is very important for better, progressive and enhanced facilitation of children.
6. Understanding of learning disabilities and their identification.
7. Including learning disabilities students in school curriculum and education.



Adolescent education training program at govt. school/ village on 13th November, 2017

The workshop was held at govt. middle school and it was attended by 45 students (24 girls and 21 boys) of age group 11-15 years of classes 6th to 8th std.

Method/ tool used:

1. Role play
2. Group Discussions

Class interactive discussion on

- Common issues of adolescents
- Physical and behavioral development of adolescents
- Changes occurs in adolescence age
- Causes of changes in adolescent's age(menstrual cycle and other hormones secretion)
- Communication skills
- Basic hygiene and cleanliness in daily lifestyle
- Substance abuse

Chart and poster making activity on adolescent's issues.

Role plays on topics which were the part of our discussion.

Topic discussed and learning outcomes:

- Interactive discussion was held with the students and information were taken out on adolescents about which they already aware. Additional information was also given to them.
- External and internal changes in the age of adolescence were also introduced to the students and the objective was to make them comfortable about those changes.
- Menstrual cycle was explained among girls and basic hygiene that is required was also introduced. Awareness was created among them regarding uses of sanitary pads and its benefits
- Awareness about harmful effects of substance abuse were also introduced among students and how the peer pressure and external environment plays role in getting addicted was also discussed.

