

# **Teacher's Training Program at Tikli Village on 28th October, 2017**

The Workshop was held at Government High School at Tikli Village. The village has an approximate population of . Sarpanch (Mr. ) and the Principal (Mrs. ) of the school helped organize the workshop. It was attended by 10 teachers of Govt. High School.

## **Sessions were interactive and the topics discussed were-**

- Helping teachers to understand the importance of Classroom Management
- How expresses behaviors of children can aid identification of problematic behavior
- Dealing sensitively with relationship issues amongst adolescence.
- Identification of developmental disorders and learning disabilities
- Developing a better understanding of peer influence and the role of family-school partnership in the psychosocial development of children.
- Helping and assisting students to manage anger and overcome frustration.
- Role of teachers as a Counselor and facilitator.

## **Methodology used-**

- Audio visual presentation on key childhood and adolescent development, developmental disorders and learning disabilities.
- Brain storming on cultural norms and gender issues.

## **Learning outcomes and the road ahead-**

1. Teacher's were apprised and briefed on how on the basis of certain expressed behaviors by children an early identification could be done of the problem.
2. Focus also needs to come on psycho-social education of parents since issues of child marriage are still prevalent and girl child drop out happens due to this reason.
4. The age for substance abuse seems to be coming down. Therefore, substance abuse counseling should be an integral part of training.
5. Interventions through clinical assessment and follow up can lead to a successful diagnosis.
6. Psychosocial and emotional wellbeing of the care givers along with the child is very important for better, progressive and enhanced facilitation of children.

# **Student Training Program at Teekli Village**

## **On 28th October, 2017**

The workshop was held at Government High School. The school principal helped to organize the workshop. It was attended by 50 students of age group 10-13 years of classes 6th to 8th .

Methods/ tools used :-

1. Interactive session on adolescence, key adolescent issues, basic hygiene, cleanliness and menstrual cycle.
2. Role plays on adolescent issues.

Topics Discussed and Learning outcomes :-

1. Helping the students to understand the significance of adolescence and behavioral issues.
2. Helping girls and boys to understand the changes that occur in adolescence like physical changes and menstrual cycle , usage of sanitary pads.
3. Helping students to control anger through deep breathing and meditation.
4. Students were also told about various diseases like dengue and malaria.
5. Students were involved in the interaction about the importance of balanced diet and exercise.
6. Students were also involved in the interactive session about alcohol, smoking and substance abuse etc.

### Health and Hygiene Report of Students in Tikli Village on 28th October, 2017

There were an approximate of 50 students from classes 1st to 5th between the age range of 7 years to 10 years. Students were educated about the meaning of hygiene and how it is supposed to be maintained personally and environmentally. They were given tips to maintenance of oral hygiene, hair hygiene, ear hygiene, water hygiene, food hygiene and sleep hygiene.

Information about the causes of diseases like malaria, typhoid, cholera, chickengunea, jaundice, dengue were given and students were told about the importance of changing water in the coolers, fridges and water tanks regularly.

Significance of washing hands on hourly basis, using soaps and sanitizers, clean towels and sleeping on clean bedsheets were elaborated on.