

# Teacher's Training Program at Dhunela village and Kherla (Berka) Village on 13<sup>th</sup> October, 2017

The Workshop was held at Government Middle School at Dhunela village and Berka Village. Teachers teaching Primary and Middle school of both the schools were present for the teacher training along with the Principal who had a great contribution in organizing the workshop. It was attended by 9 teachers of Dhunela and 3 teachers of Berka Govt. Middle School as well as Govt. Primary School.

## **Sessions were interactive and the topics discussed were-**

1. Beginning with the discussion that **child sexual abuse** is something that could happen to anyone they know or love. Child abuse happens everywhere—in all types of homes, families, neighborhoods, schools, and communities. No population, culture, or socioeconomic group is immune. Emphasizing the fact that it happens with children of every **age group ( under 5, 5 to 12 and 12 years and above)**

2. Focusing on the **signs of abuse** which are not always easy to recognize without hindsight; however, if any emotional or behavioural changes, such as increased anxiety, withdrawal, isolating, rebellion, or angry outbursts are being noticed steps should be taken to interact with the children.

3. Creating awareness that the **effects of child abuse** are devastating and typically **long-lasting**, including a lifetime of potential struggles with mental health issues, low self-esteem, increased risk of drug abuse/addiction, and patterns of dysfunctional and unhealthy relationships.

4. How should the teachers play a **role of a counsellor** and try to remain open, calm, curious, and non-judgmental if a child reports or alludes to having been abused.

5. Informing the teachers about **POCSO ACT 2010** and letting them know that if they find someone who has been abused or believe to have the potential to be abused, should use the **helpline number 1098**.

### **Methodology used-**

- Power point presentation on POCSO ACT 2012
- Group discussion
- Audio- visuals on child sexual abuse
- Brain storming session on how to discuss such a sensitive issue with the students

### **Learning outcomes and the road ahead-**

- The teachers unanimously feel that a subject like moral education or any such chapter related to child sexual abuse should be added in the syllabus so that it becomes mandatory to educate the students with the same.
- The female teachers requested to conduct such sessions on regular intervals with the girls and help them understand the importance of the same.
- A teacher discussed a situation wherein she called the child helpline number but no action was taken. This was a matter of disappointment for all the teachers.
- Educating all the parents against child sexual abuse was also a major concern for them.

### **Children with Learning disabilities**

Govt Middle School of Berka

1. Komal – 6<sup>th</sup> class

2. Muskaan – 6<sup>th</sup> class

3. Ajay – 4<sup>th</sup> class

4. Abhishek – 5<sup>th</sup> class