

Teacher's Training Program and Children Hygiene Education Drive at Aklimpur Village on 12th October, 2017

The Workshop was held at Government Middle School at Aklimpur Village. Teachers teaching Primary and Middle school were present for the teacher training along with the Principal, Anita Yadavji who had a great contribution in organizing the workshop. It was attended by 6 teachers of Govt. Middle School as well as Govt. Primary School.



Sessions were interactive and the topics discussed were-

1. Beginning with the discussion that **child sexual abuse** is something that could happen to anyone they know or love. Child abuse happens everywhere—in all types of homes, families, neighborhoods, schools, and communities. No population, culture, or socioeconomic group is immune. Emphasizing the fact that it happens with children of every **age group (under 5, 5 to 12 and 12 years and above)**

2. Focusing on the **signs of abuse** which are not always easy to recognize without hindsight; however, if any emotional or behavioural changes, such as increased [anxiety](#), [withdrawal](#), [isolating](#), rebellion, or angry outbursts are being noticed steps should be taken to interact with the children.

3. Creating awareness that the **effects of child abuse** are devastating and typically **long-lasting**, including a lifetime of potential struggles with mental health issues, low [self-esteem](#), increased risk of [drug abuse/addiction](#), and patterns of dysfunctional and unhealthy [relationships](#).



4. How should the teachers play a **role of a counsellor** and try to remain open, calm, curious, and non-judgmental if a child reports or alludes to having been abused.

5. Informing the teachers about **POCSO ACT 2010** and letting them know that if they find someone who has been abused or believe to have the potential to be abused, should use the **helpline number 1098**.

Methodology used-

- Power point presentation on POCSO ACT 2012
- Group discussion
- Audio- visuals on child sexual abuse
- Brain storming session on how to discuss such a sensitive issue with the students

Learning outcomes and the road ahead-

Teachers in the school were well aware about the problems related to child sexual abuse and individually shared their opinion on the same.

Teachers of both primary and secondary school taught the students about 'GOOD TOUCH & BAD TOUCH', a very simple and effective way to educate the children about safe and unsafe touch.

A primary school teacher even shared a story of girl studying in 1st class, about her unusual behaviour. The teacher was keen to know methods to understand the child's behaviour and how can she discuss the matter with the girl.