

## *Transforming School Safety & Wellbeing...*



# **Master Trainers Workshop for School development**



**Expressions India** has conducted over 800 training workshops all across the country for enhancing the quality of Mental Health Services. If you have the **Attitude, Skills, Courage and Passion** to make a **Difference** in comprehensive school development indicators, then join the Crusade to be **Awarded the Recognition of a Master Class Trainer**.

### **Contemporary Themes for Global Child Development**

- **Socio- Legal Aspects of Mental Health in India**
- **Documentation of cases in Guidance & Counseling**
- **Ethical Considerations in School Counseling Profession**
- **Cultivating Skills for Effective counseling services**
- **Emerging Good Practices in School Guidance & Counseling Services**

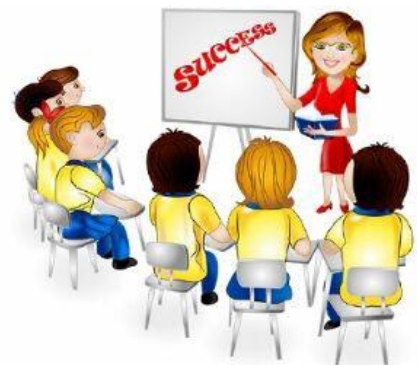
**6<sup>th</sup> January 2018, 09:00am – 5:00 pm**

**Venue: Auditorium, Moolchand Medcity, Lajpat Nagar, New Delhi - 24**

**Rs. 1500/- per  
Participant**

#### **Please Note**

- **Nominations are invited from Principals, School Managers, Teachers, Counselors, Doctors etc**
- **Registration includes workshop Kit, Citation of Honour & Lunch/Tea**
- **For further information you may contact us at 011-64700117, 9999564366, 8860159747**
- **Kindly mail your entry latest by 4<sup>th</sup> Jan 2018 at [contactexpressions.india@gmail.com](mailto:contactexpressions.india@gmail.com)**



**'Be a Torch bearer of the 21<sup>st</sup> Century Schools of Excellence'**

facilitated by  
**Expressions India**

The National Life Skills, Values Education & School Wellness Program



*Developing Holistic Excellence at all Levels of Schooling*

## **The National Resource Faculty & Master Trainers for School Development**



*Two Days Intensive Resource Empowerment Workshop for School Developers & Trainers*



*facilitated by*

*Expressions India: The National Life Skills, Values Education & School Wellness Program*

- *If you have the **Attitude, Skills, the Courage and the Passion** to make a **Difference** in comprehensive school development indicators, then join the Crusade to be **Awarded the Recognition of a Master Class Trainer**. As a National academy we shall strive to build the 'Training Ambassadors for Happy, Healthy and Harmonious Schools of India'*

*Contemporary Themes for Global Child & Adolescent Development*

- ***Leadership for Legal Literacy viz. POCOS Act, JJ Act & RTE Act for Schools***
- ***Principles of Child Psychology for Effective Classroom Management***
- ***Emerging Good Practices in School Guidance & Counseling Services***
- ***From Inclusive Classroom to Integrated Children***
- ***Challenges for Curricular Adaptations for special needs children***
- ***Co - Scholastic Innovation in School Curriculum***

**09:00 am – 5:00 pm (Two Days)**

*Venue: Institute of Life Skills & Mental Health Promotion, Moolchand Medcity, Lajpat Nagar, New Delhi*

- ✓ *Nominations are invited from Principals, School Managers, Teachers, Counselors, Doctors etc*
- ✓ *Registration includes workshop Kit, Citation of Honour & Lunch/Tea*
- ✓ *Website : {HYPERLINK "http://www.expressionsindia.org"}, Contact nos 011-64594939, 64700117*
- ✓ *Kindly mail your entry latest by 18<sup>th</sup> August 2016 at {HYPERLINK "mailto:contactexpressions.india@gmail.com"}*

*'Be a Torch bearer of the 21<sup>st</sup> Century Schools of Excellence'*

# *Developing Holistic Excellence at all Levels of Schooling*

## **Enriching The National Cadre of Master Trainers for School Development**

### **Context**

The role of school education and teacher education in the empowerment of learners as the core objective has been reflected in various Reports of Commissions and Committees as well as national curriculum policy documents ever since India got independence: Secondary Education Commission(1952-53), Kothari Commission (1964-66) and National Curriculum Frameworks( NCFs) 1975, 1988, 2000 and 2005. However, it was NCF 2005 that made a paradigm shift and aimed at the holistic development of learners. It assimilates both scholastic and co-scholastic approaches for holistic empowerment of learners: (a) knowledge not confined to information; (b) focus on holistic health and wellbeing, (c) inclusion at the core of all interventions; (d) quality assurance without stress on learners and also those who are engaged in transaction. In this back drop it is necessary to make strides towards promoting the process of planning and implementing transaction strategies which attain the goal of holistic development and well-being of learners.

### **Need for Teacher Empowerment**

Whereas there is a need for effective curriculum transaction in classrooms, it is equally, and perhaps of greater significance to promote co-scholastic approach to contribute towards empowerment of learners but also contribute towards effective school development. The first step to be taken in this direction is to bring about change in the process of teacher empowerment. It is so because in spite of recommendations made in the NCF 2005, the curriculum transaction in schools is still focused on academic achievement that promotes rote learning. But a number of research surveys and experimental studies have come out with findings that categorical indicate the limitations of adopting only scholastic approach has resulted in roadblocks for holistic empowerment of the learners. The young population lacks the needed skills to manage the challenges of daily life and also to fully employ their academic achievement in performing the roles in various sectors of social and economic development. They are stressed and their holistic health and wellbeing has been adversely affected.

### **Promotion of co-scholastic approach as an integral part of mainstream pedagogy**

With a view to empowering teachers to employ co-scholastic approach the teacher preparation process requires to lay emphasis on development of holistic excellence at all levels of learning focused on life skills, value education, school wellness, counseling abilities, and inclusion of differently abled including gender sensitization. This requires that the orientation of teachers is focused on the following Contemporary Themes for Global Child Development

- Classroom Management and Positive Disciplining;
- Emerging Good Practices in School Guidance & Counseling Services;
- Inclusion & Inclusive Strategies;
- Emerging Landscape of School Leadership Skills & Management;
- Child and Adolescent Mental Health;
- School based Peer Educator Courses in Life Skills & Values;
- Co - Scholastic Aspects of School Curriculum; and
- Socio-legal aspects of Modern Schooling

### **Development of a National Cadre of Master Trainers**

In order to facilitate empowerment of teachers on the above stated objectives, the only effective strategy is to prepare a national cadre of Master Trainers, which why the Expressions India has undertaken an initiative under **the Expressions India - National Life Skills, Values Education & School Wellness Program** and organized the program.

## ***Program Schedule***

### **Day I : 2<sup>nd</sup> January 2016 (Saturday)**

#### ***Scientific Sessions***

09:00 am - 09:30 am	<ul style="list-style-type: none"> <li>• Registration</li> </ul>
09:30 am - 10:00 am	<ul style="list-style-type: none"> <li>• Inauguration</li> <li>• Sharing Expectations &amp; Objectives – Setting The Context</li> </ul>
10:00 am - 10:45 am	<ul style="list-style-type: none"> <li>• Exploring the Dynamics of School Development &amp; Training and Vision Building</li> </ul>
10:45 am - 11:15 am	<ul style="list-style-type: none"> <li>• Roles &amp; Responsibilities of Master Trainers</li> <li>• Essential Skills for Master Trainers</li> <li>• Challenges for Master Trainers</li> </ul>
11:15 am - 11:30 am	<i>TEA</i>
11:30 am - 12:30 pm	<ul style="list-style-type: none"> <li>• Continuation of the Previous Session</li> </ul>
12:30 pm - 01:30 pm	<ul style="list-style-type: none"> <li>• The Charm and Challenges of Adolescence – A Life Skills Approach</li> </ul>
01:30 pm - 02:00 pm	<i>LUNCH</i>
02:00 pm - 03:30 pm	<ul style="list-style-type: none"> <li>• Effective Classroom Management Practices</li> </ul>
03:30 pm - 05:00 pm	<ul style="list-style-type: none"> <li>• Familiarizing Instructional Leadership (Blooms' Taxonomy, Multiple &amp; Emotional Intelligences)</li> </ul>
<b>Day II : 3<sup>rd</sup> January 2016 (Sunday)</b>	
09:00 am - 10:30 am	<ul style="list-style-type: none"> <li>• Recap of Day I and Presentations of the Allotted Work</li> </ul>
10:30 am - 11:30 am	<ul style="list-style-type: none"> <li>• Current Initiatives for Holistic Child Development</li> <li>• The Brain Mind and Behaviour : Pedagogical Neuroscience</li> </ul>
11:30 am - 11:45 am	<i>TEA</i>
11:45 am - 12:30 pm	<ul style="list-style-type: none"> <li>• Understanding Emerging Paradigm of Inclusive Education</li> </ul>
12:30 pm - 01:30 pm	<ul style="list-style-type: none"> <li>• Understanding Legal of Policy Issues for Schools (RTE, J J Act, POCSO Act and Allied Issues)</li> </ul>
01:30 pm - 02:00 pm	<i>LUNCH</i>
02:00 pm - 03:00 pm	<ul style="list-style-type: none"> <li>• Continuation of the Previous Session</li> </ul>
03:00 pm - 05:30 pm	<ul style="list-style-type: none"> <li>• Thematic Presentations and Action Plan</li> <li>• Valedictory</li> </ul>