



Expressions India

The National Life Skills, Values Education & School Wellness Program
New Delhi

School Counselors Amelioration Training (SCAT)

08th & 09th June 2018, Moolchand Medcity, New Delhi

Dear Principal Madam/Sir,

Date: 16.05.2018

Greetings from Expressions India

As per WHO, nearly 20% of children and adolescents suffer from a disabling mental illness worldwide. Few available epidemiological studies from India suggest that nearly 10-15% of those aged 16 and below suffer from a diagnosable psychiatric disorder. Nearly 5% have a significant disability attributable to such disorders. Most mental health problems, though manageable, are not identified or formally diagnosed at an appropriate time of child development.

Education can be viewed as a catalyst to bringing a positive change in holistic growth and development vis-à-vis health and well-being across human lifespan. It is progressively seen with an inclusive perspective, symbolizing a strong emphasis on integrated learning, especially in the context of RTE guidelines in place.

Schools must recognize and respond to the diverse mental health & wellbeing needs of the students, accommodating both different styles and rates of learning thereby ensuring quality education to all through appropriate curriculum, organizational arrangements, teaching strategies and resource support. In this context, schools have a pioneering opportunity to improve the lives of young people. Progressively, schools are finding it necessary to expand their role in providing services for overall child development and wellbeing.

With the changing dynamics of family, lifestyle and psycho-social causalities of emotional, behavioral and learning problems, it is the need of the hour that our counselors (including Health & Wellness teachers and Special Educators) engage in continuous personal and professional development. Expressions India in technical support with AISCAP proudly announces School Counselors Amelioration Training (SCAT), scheduled on 08th & 09th June 2018 at Moolchand Medcity, New Delhi.

We sincerely request you to nominate your erudite self and the staff faculty of your esteemed organization and mail us at expressionsindia2005@gmail.com.

For queries and technical assistance you may please contact us at 011-64700117, 8860159747, 7859864269 & 9818018316. Looking forward to your participation and a fruitful interaction. For your reference, attached herewith is a poster of this upcoming event.

Thanking you with warm regards

Dr. Jitendra Nagpal, MD, DNB
Program Director - Expressions India
The National Life Skills, Values Education
and School Wellness Program
Chairperson – AISCAP
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SCHOOL COUNSELORS AMELIORATION TRAINING (SCAT)

Professional Enrichment Program for School Counselors and Allied Professionals

Two Days Intensive Training Workshop

Facilitated by

Expressions India

The National Life Skills, Values Education & School Wellness Program

Expressions India has conducted over 5500 training workshops in over 14 years all across the country for enhancing the quality of Mental Health Services. With your Passion to make a Difference in comprehensive school mental health, join the Crusade to update your Knowledge, Attitude and Skills for more effective services.

08-09 JUNE, 2018 • DELHI

Themes for Training

- ~ **Socio- Legal Aspects of Mental Health in India**
- ~ **POCSO Act (2012), JJ Act, RTE, ICPS & CLPRA, NMH policy, NTA, PWD**
- ~ **Role of Principals / Counselors/ Teaching & Non Teaching Staff**
- ~ **Understanding changing dynamics for Comprehensive Mental Health services**
- ~ **Emerging Good Practices & Ethics in School Guidance & Counseling**
- ~ **Latest CBSE provisions for children with special needs (CWSN)**
- ~ **Reporting and Documentation of cases**

Registration
Rs. 2500/-

- Residential facility available on request
- Nominations are invited from Counselors, Teachers, Principals, School Managers, Doctors etc
- Registration includes workshop Kit, Citation of Honour & Lunch/Tea
- Website : www.expressionsindia.org, Contact no. **011-64700117, 8860159747, 7859864269 & 9818018316**
- Kindly mail your entry latest by 25th May 2018 at contactexpressions.india@gmail.com



SCHOOL COUNSELOR **AMELIORATION TRAINING (SCAT)**

Concept Note

The purpose of any education system is to foster academic learning vis-a-vis holistic development of children. Along with physical development, schooling also involves appropriate cognitive and socio-emotional development. The school, besides the family, thus becomes a major influence in children's personality development later in life. Aligning with goals of education guidance and counseling aims to facilitate maximum personal development of students in all spheres of life.

School counselors, also known as Guidance Counselors & Health and Wellness teachers have a multifaceted role which may vary greatly, depending on the requirements of each individual school. They cater to psychological and socio-emotional problems in the students, provides career and vocational counseling, early intervention and various special needs services. With the current pace and heinousness of emerging crimes by students, Government of India is currently revising its guidelines to have mandatory recruitment of full-time school counselors with defined duties and as per a counselor student ratio.

With the changing dynamics of family, lifestyle and psycho-social causalities of emotional, behavioral and learning problems, it is the need of the hour that our counselors engage in continuous personal and professional development. This will help in knowledge enhancement, skill enrichment and adopting the necessary attitudes. This will further help the counselors be cognizant of various practices being undertaken in School Mental Health Services.

Expressions India has taken a leadership role in spearheading comprehensive school mental health services. First in a series of regular professional development trainings, this unique programme will provide an eclectic platform where school counselors from across the country shall build on their knowledge, skills and attitude to promote psychosocial wellbeing in schools. We invite all the professionals for joining hands and embarking on a journey towards a safe haven for our learners.